



LAWRENCE COUNTY HEALTHY FAMILIES RESOURCE GUIDE

FAMILY AND BABY

Home and Baby Safety Topics including Safe Sleep

[Healthy Families - The Villages](#)

Hope Resource Center-Free Pregnancy Testing, Ultrasounds, STI Testing, Parenting Classes and Material Support

[Hope Resource Center](#)

Tandem Bloomington-Parenting and Material Support, Doulas, Diapers, Postpartum Mental Health, Clothing and Transportation

[Tandem](#)

Head Start- Income-Based Preschool

[Hoosier Uplands](#)

Local WIC office

[Lawrence County WIC - Indiana Health Centers](#)

Bedford Library Children's Services

[Children](#)

Access Pass-Low-Cost Museum Entry

[Access Pass | The Children's Museum of Indianapolis](#)

Count the Kicks-Monitoring Fetal Movement

[Count the Kicks](#)

Postpartum Support International-Online Parenting Support Groups and Postpartum Depression

[Postpartum Support International](#)



EMPLOYMENT, EDUCATION, AND LEGAL ASSISTANCE

Lawrence County Adult Education-High School Equivalency

[Lawrence County Adult Education](#)

IN Department of Workforce Development-Career Training

[Adult Education: Locations](#)

Indianapolis Legal Aid Society

[ilas-library-flyer.pdf](#)

Indiana Legal Services-Free Legal Assistance

[Home - Indiana Legal Services](#)



LAWRENCE COUNTY HEALTHY FAMILIES RESOURCE GUIDE CONT.

HEALTH, MENTAL HEALTH, AND ADDICTION

Mental Health Crisis Line 988 available 24/7

[988 Suicide & Crisis Lifeline](#)

Indiana Health Centers-Affordable Healthcare

[IHC Bedford - Indiana Health Centers](#)

Southern Indiana Community Health Care - Affordable Healthcare

[Southern Indiana Community Health Care](#)

Rural Indiana Health Connections-Mobile Healthcare for Women and Children

[RICH Referrals](#)

Families Forever List of Mental Health Care Providers

[Mental Health/Substance Use](#)

The Villages Telehealth - Virtual Therapy

[Telehealth Services](#)

Groups Recovery - Medication Assisted Treatment for SUD

[Recover Together | Suboxone Doctors and Treatment](#)

Indiana Center for Recovery

[Alcohol & Drug Rehab Center Bedford](#)

PACE-Reproductive Health Clinic

[Health Connection](#)

Path4You-Free Birth Control in Indiana

[Get Free Birth Control in Indiana](#)

Moms Heal Together-SUD Support During Pregnancy and Postpartum

[Moms Heal Together | IU Health](#)

Indiana Pregnancy Promise - Addiction Support During Pregnancy and Postpartum

[Indiana Pregnancy Promise](#)

Transitions Recovery

[Transitions Medical](#)





LAWRENCE COUNTY HEALTHY FAMILIES RESOURCE GUIDE CONT.



EMERGENCY ASSISTANCE

SNAP and Medicaid

[Benefits Portal](#)

SPIN: Supporting People In Need - Day Shelter with Meals, Pantry, Diapers, Showers and Laundry Services

[SPIN Facebook](#)

Families Forever List of Rent and Utility Assistance Groups

[Utility Assistance](#)

Hoosier Uplands Energy Assistance Program

[Hoosier Uplands](#)

National Domestic Violence Hotline

[Domestic Violence Support](#)

Becky's Place Women's Shelter and Domestic Violence Shelter

[Becky's Place \(Bedford, IN\)](#)

FOOD, SHELTER, MATERIAL SUPPORT, AND TRANSPORTATION

Hoosier Hills Food Banks List of Food Pantries

[Finding Food in Outer Counties](#)

L.I.F.E. Food Pantries in Bedford and Mitchell

[Lawrence InterFaith Endeavor \(L.I.F.E.\)](#)

Families Forever List of Food and Meal Assistance

[Food | FamiliesForever](#)

Bedford Housing Authority

[Affordable Housing in Bedford IN](#)

Families Forever Public Transportation Options

[Transportation | FamiliesForever](#)

Families Forever List of Income Based Housing

[Housing | FamiliesForever](#)

Healing Hands Outreach Bloomington - Free Clothing and Household Necessities

[Healing Hands Outreach Center, Inc.](#)